

Olive la Vida

Birthwork & Photography

JUNE

- 3 FRIENDSHIPS
- 10 HEALTH CARE
- 17 PAST (ONE YEAR AGO) SELF
- 24 ACCESS TO INFO // INTER WEB

JULY

- 1 TUS RAIZES // YOUR ROOTS
- 8 ONE OF YOUR TALENTS
- 15 A BOOK YOU LEARNED FROM
- 22 A SERVICE YOU RECENTLY RECEIVED
- 29 AN INSTA FRIEND

AUGUST

- 5 A PODCAST YOU LEARN FROM
- 12 TRANSPORTATION
- 19 SOMETHING YOU CAN DEPEND ON
- 26 A HEALTHY HABIT

Gratitude Practice

A weekly topic to share
gratitude towards
collectively via Instagram

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@olivelavida

Tag #olivelagrattitud

SEPTEMBER

- 2 TIERRA // DIRT
- 9 FUEGO // FIRE, HEAT, WARMTH
- 16 AGUA // WATER
- 23 AIRE // AIR
- 30 COMIDA // FOOD

OCTOBER

- 7 INTUITION
- 14 HEALING TOOLS
- 21 HEALING/INSIGHTFUL SERVICE
- 28 HEALER YOU LEARN FROM

NOVEMBER

- 4 ANCESTORS
- 11 YOUR SAFETY
- 18 CAMERA // CELL PHONE
- 25 PHOTOGRAPHS

DECEMBER

- 2 INNER CHILD
- 9 A CORE VALUE
- 16 YOUR STRENGTHS
- 23 FAMILY TRADITIONS
- 30 YOUR GREATEST 2019 ACCOMPLISHMENT